



Intimate Care

Date of Last Review	01-2017	Review Period	2 years
Date of Next Review	01 - 2019	Owner	ZL
Type of Policy	Welfare, Health and Safety	Governor's Approval Date	

Purpose of this policy is:

To safeguard the rights and promote the best interests of the children.

To ensure children are treated with sensitivity and respect, and in such a way that their experience of intimate care is a positive one.

To safeguard adults required to operate in sensitive situations.

To inform parents in how intimate care is administered.

To ensure parents are consulted in the intimate of care of their children particularly when their child leaves the Nursery setting.

St Michael's Prep school is committed to ensuring that all staff responsible for intimate care of children will undertake their duties in a professional manner at all times. We take seriously our responsibility to safeguard and promote the welfare of the children in our care.

The school recognizes its duties & responsibilities in relation to the Disability Discrimination Act, which requires that any child with an impairment that affects his/her ability to carry out normal day-to-day activities must not be discriminated against.

Intimate care is one of the following:

- Providing comfort or support for a distressed child
- Supporting a child with dressing/undressing
- Assisting a child requiring medical care, who is not able to carry this out unaided
- Cleaning a child who has soiled him/herself, has vomited or feels unwell / needs fresh underwear following her first period

Sometimes it will be necessary for staff to aid a child in getting dressed or undressed.

Staff will always encourage children to attempt undressing & dressing unaided.



We understand that at an early age a child may not yet be potty trained and so we will change a child as needed.

Parents are required to provide spare nappies/trainer pants and wipes/ sanitary protection and fresh pants.

Children in EYFS will be changed by their key person where possible or by another member of the team.

We do not apply nappy creams to children due to child protection issues except in exceptional cases where the parent has expressly asked for cream to be applied. In cases where it is felt absolutely necessary, then an administration of medication form will need to be completed first.

Should a child require a change of clothing during a session a limited range of clean clothing is available. Clothing that is soiled, for whatever reason, will only be handled by a staff member wearing disposable gloves. All dirty or wet clothing will be placed in a plastic bag and given to the parent/carer.

Parents are asked to ensure a spare set of clothing is sent to Nursery and Kindergarten with their child each day. Parents of girls approaching puberty are advised to provide a small toilet bag with sanitary protection and clean pants.

Our Approach

We will always treat children with respect when intimate care is given.

Should a child require intimate care beyond Nursery, a 'personal care plan' will be drawn up with parents and other professionals where required, to support a child's toileting.

No child shall be attended to in a way that causes distress, embarrassment or pain.

Children in EYFS will be changed by their own key person wherever possible.

There is careful communication with any child who requires intimate care to discuss needs and preferences.

Children will be supported to achieve the highest level of independence possible, according to their individual ages and abilities.

Careful consideration will be given to individual situations to determine how many adults should be present during intimate care procedures. Where possible one child will be cared for by one adult unless there is a sound reason for having more adults present.

Adults attending to a child one to one should indicate that they are about to do this to one other colleague.

Parents will discretely be informed that clothes need washing.



The needs and wishes of children and parents will be taken into account wherever possible, within the constraints of staffing and equal opportunities legislation.

Reviewed May 2015 JAI

Reviewed Jan 2017 ZL